

SENIOR CITIZEN LINE DANCE CLASSES

FRIDAYS

10:00 AM – 11:00 AM

John T. Gregorio Recreation Center
330 Helen Street, Linden

First Class – September 9, 2016

Last Class – November 18, 2016

No Class: November 11, 2016

For further information, call the John. T Gregorian Recreation
Center at 908-474-8627 or visit us at www.linden-nj.org

CLASSES ARE FREE

*COME OUT AND ENJOY TIME WITH YOUR
FRIENDS AND MAKE NEW ONES
NO REGISTRATION NECESSARY
JUST STOP IN AND JOIN*



DEPARTMENT OF PUBLIC PROPERTY AND COMMUNITY SERVICES, CITY OF LINDEN, NJ

COMPLETE FITNESS EXERCISE **PROGRAM**

A WHOLE BODY WORKOUT USING KICK BOXING, HIGH AND LOW AEROBICS,
CARDIO AND BODY TONING FOR ADULTS 18 YEARS OF AGE AND OLDER

10 Weeks

Tuesday Evenings

6:30pm-7:30pm

September 13, 2016-November 22, 2016

No class: November 8th

Held at:

John T. Gregorio Recreation Center

330 Helen Street, Linden

Pre-registration is required

Registration deadline: September 12, 2016

Class size is limited

Fee: \$40.00 (no refund)



Make Check or money order payable to the City of Linden.

A one-time annual \$6.00 insurance fee will be charged to your total registration if you have not paid for this already with another program registration.

WATER, TOWELS AND EXERCISE MAT REQUIRED.

For more information, please call 908-474-8627, Monday-Friday, 8:30am – 4:30pm. Register online at www.linden-nj.org and click on community pass or register in person at: John T. Gregorio Recreation Center, 330 Helen Street; Community Center Building, 605 South Wood Avenue of the Linden Multi-Purpose Center, 1025 John Street. In person registration is available 9:00am – 4:00pm, online registration available 24/7. The Dept accepts checks, money orders, visa/mc.

DEPARTMENT OF PUBLIC PROPERTY AND COMMUNITY SERVICES, CITY OF LINDEN, NJ

PILATES & BARRE EXERCISE CLASS

PILATES: MIND-BODY EXERCISES THAT TRAIN SEVERAL MUSCLE GROUPS AT ONCE, USING SMOOTH AND CONTINUOUS MOVEMENTS. TEACHES BODY-AWARENESS AND GOOD POSTURE, WHILE IMPROVING FLEXIBILITY AND AGILITY.

BARRE: A FUSION OF BALLET, PILATES AND STRETCHES

FOR ADULTS AGES 18 AND OLDER

10 WEEKS

Thursday Evenings

6:30pm – 7:30pm

September 15, 2016-November 17, 2016

FEE: \$40.00

Make checks or money order payable to The City of Linden

HELD AT: JOHN T. GREGORIO CENTER

330 HELEN STREET, LINDEN

REGISTRATION DEADLINE: Sept 14th

A one-time annual \$6.00 insurance fee will be charged to your total registration if you have not paid for this already with another program registration.

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YOGA

Yoga is the oldest system of personal and healthful development that embraces your mind, body and spirit.

For Adults 18 years of age or older

Thursday Evenings

7:30pm – 8:30pm

September 15, 2016-November 17, 2016

Held at:

John T. Gregorio Recreation Center

330 Helen Street, Linden

Pre-Registration is Required

Registration deadline: Sept 14th

Fee: \$60.00



A one-time annual \$6.00 insurance fee will be charged to your total registration if you have not paid for this already with another program registration.

Minimum 10- Maximum 30 Participants

Class size is limited

Please bring a yoga mat

For more information, please call 908-474-8627, Monday-Friday, 8:30am – 4:30pm. Register online at www.linden-nj.org and click on community pass or register in person at: John T. Gregorio Recreation Center, 330 Helen Street; Community Center Building, 605 South Wood Avenue of the Linden Multi-Purpose Center, 1025 John Street. In person registration is available 9:00am – 4:00pm, online registration available 24/7. The Dept accepts checks, money orders, visa/mc. **MAKE CHECK OR MONEY ORDER PAYABLE TO THE CITY OF LINDEN.**

KARATE CLASSES

MONDAYS

For students ages 5 through 15

First Class: Sept 26, 2016

Last class: Nov 28, 2016

Fee: \$50.00 (no refund)

4:00pm – 5:00pm

Held at: John T. Gregorio Recreation Center

330 Helen Street

Pre-Registration is required

Class size is limited to 60 students

Registration deadline: Sept 25th

For further information, call 908-474-8627

A one-time annual \$6.00 insurance fee will be charged to your total registration if you have not paid for this already with another program registration.

Martial arts gives children a positive way to burn calories and socialize with quality friends in a safe setting. Your child will learn important life skills including: confidence, Self-Discipline, Courtesy, Loyalty, Respect, Perseverance, Integrity, Goal Setting, Increased Fitness, Honor and Self-Control.

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DEPARTMENT OF PUBLIC PROPERTY AND COMMUNITY SERVICES AND THE LINDEN
HALLOWEEN COMMITTEE, CITY OF LINDEN, NJ

PUMPKIN PAINTING CONTEST

FOR ELEMENTARY SCHOOL AGED CHILDREN PRE-K THROUGH FIFTH GRADES,

LINDEN RESIDENTS ONLY



**WEDNESDAY
OCTOBER 5, 2016
3:30PM – 5:30PM**

**CONTEST WILL BE HELD AT THE
John T. Gregorio Recreation Center
330 Helen Street, Linden, NJ**



Deadline to register: October 4th

\$5.00 PRE- REGISTRATION FEE

ALL PARTICIPANTS WILL RECEIVE AN AWARD.

REGISTRATION IS ON A FIRST COME. FIRST SERVE BASIS.

Halloween Committee, the Department of Public Property and Community Services will supply pumpkins, paints and brushes.

For more information, please call 908-474-8627, Monday-Friday, 8:30am – 4:30pm. Register online at www.linden-nj.org and click on community pass or register in person at: John T. Gregorio Recreation Center, 330 Helen Street; Community Center Building, 605 South Wood Avenue of the Linden Multi-Purpose Center, 1025 John Street. In person registration is available 9:00am – 4:00pm, online registration available 24/7. The Dept accepts checks, money orders, visa/mc. **MAKE CHECK OR MONEY ORDER PAYABLE TO THE CITY OF LINDEN.**

DEPARTMENT OF PUBLIC PROPERTY AND COMMUNITY SERVICES AND THE LINDEN
HALLOWEEN COMMITTEE, CITY OF LINDEN, NJ

**HALLOWEEN
POSTER CONTEST
GRADES K THROUGH 5**



STUDENTS, here is your chance to participate in the LINDEN HALLOWEEN POSTER CONTEST. Use your imagination and creativity.

SUBMIT AN ENTRY AND MAKE THIS CONTEST A HUGE SUCCESS.

1. Anyone in grades K through 5.
2. Entry must have **NAME, ADDRESS, SCHOOL, TEACHER AND GRADE** printed on a small card securely attached to the back. **THIS IS VERY IMPORTANT!**
3. Poster must be 9" x 12". Posters exceeding this size will not be accepted.
4. The poster can be made from construction paper, cardboard, or any other related material.
5. Any material can be used to decorate the poster: glitter, tinsel, fringe or fabric. You may bring in material from home. The poster is to be done in school if you have art this semester, otherwise posters may be done at home. **No factory made Halloween decorations are to be placed on the poster.**
6. THEME: **HALLOWEEN**
7. Use paint, chalk or crayons. There are no limitations.
8. All entries must be submitted to your art teacher or the John T. Gregorio Recreation Center, 330 Helen Street no later than **October 12th**.
9. Posters will be judged on **October 13th**.

**FOR FURTHER INFORMATION CONTACT THE DEPARTMENT OF PUBLIC
PROPERTY AND COMMUNITY SERVICES AT 908-474-8627.**

DEPARTMENT OF PUBLIC PROPERTY AND COMMUNITY SERVICES AND THE LINDEN
HALLOWEEN COMMITTEE, CITY OF LINDEN, NJ

**HALLOWEEN
POSTER CONTEST
GRADES 6 THROUGH 8**



STUDENTS, here is your chance to participate in the LINDEN HALLOWEEN POSTER CONTEST. Use your imagination and creativity.

SUBMIT AN ENTRY AND MAKE THIS CONTEST A HUGE SUCCESS.

1. Anyone in grades 6 through 8.
2. Entry must have **NAME, ADDRESS, SCHOOL, TEACHER AND GRADE** printed on a small card securely attached to the back. **THIS IS VERY IMPORTANT!**
3. Poster must be 9" x 12". Posters exceeding this size will not be accepted.
4. The poster can be made from construction paper, cardboard, or any other related material.
5. Any material can be used to decorate the poster: glitter, tinsel, fringe or fabric. You may bring in material from home. The poster is to be done in school if you have art this semester, otherwise posters may be done at home. **No factory made Halloween decorations are to be placed on the poster.**
6. THEME: **HALLOWEEN**
7. Use paint, chalk or crayons. There are no limitations.
8. All entries must be submitted to your art teacher or the John T. Gregorio Recreation Center, 330 Helen Street no later than **October 12th**.
9. Posters will be judged on **October 13th**.

**FOR FURTHER INFORMATION CONTACT THE DEPARTMENT OF PUBLIC
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DEPARTMENT OF PUBLIC PROPERTY AND COMMUNITY SERVICES AND THE LINDEN
HALLOWEEN COMMITTEE, CITY OF LINDEN, NJ

**HALLOWEEN
POSTER CONTEST**

GRADES: 9 – 10 – 11 – 12

1st Place	2nd Place	3rd Place
\$50	\$25	\$15



STUDENTS, here is your chance to participate in the LINDEN HALLOWEEN POSTER CONTEST. Use your imagination and creativity.

SUBMIT AN ENTRY AND MAKE THIS CONTEST A HUGE SUCCESS.

Size- 12" x 18" ACTUAL SIZE

Entry must have NAME, ADDRESS, SCHOOL, TEACHER AND GRADE printed on a small card securely attached to the back. THIS IS VERY IMPORTANT!

Posters can be made from construction paper, cardboard, or any other related material.

Any material can be used to decorate the poster: glitter, tinsel, fringe or fabric. You may bring in material from home. The poster is to be done in school if you have art this semester, otherwise posters may be done at home. No factory made Halloween decorations are to be placed on the poster.

THEME: **HALLOWEEN**

Use paint, chalk or crayons. There are no limitations.

All entries must be submitted to your art teacher or the John T. Gregorio Recreation Center, 330 Helen Street no later than **October 12th**.

Posters will be judged on **October 13th**.

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DEPARTMENT OF PUBLIC PROPERTY AND COMMUNITY SERVICES, CITY OF LINDEN, NJ

ADULT 2016 HALLOWEEN CERAMICS

THURSDAY

OCTOBER 20th

Deadline to register – October 19th

FOR LINDEN ADULTS 18 YEARS OF AGE AND OLDER

A one day make and take project. All supplies are included. Each participant will make and take home a project.



Fee: \$10.00 (no refund)

Class- 6:00pm – 7:30pm

Held at:

John T. Gregorio Recreation Center, 330 Helen Street



Pre- Registration is required

For more information, please call 908-474-8627, Monday-Friday, 8:30am – 4:30pm. Register online at www.linden-nj.org and click on community pass or register in person at: John T. Gregorio Recreation Center, 330 Helen Street; Community Center Building, 605 South Wood Avenue of the Linden Multi-Purpose Center, 1025 John Street. In person registration is available 9:00am – 4:00pm, online registration available 24/7. The Dept accepts checks, money orders, visa/mc. **MAKE CHECK OR MONEY ORDER PAYABLE TO THE CITY OF LINDEN.**



DEPARTMENT OF PUBLIC PROPERTY AND COMMUNITY SERVICES, CITY OF LINDEN, NJ

CHILDREN'S 2016 HALLOWEEN

CERAMIC CLASS

THURSDAY

OCTOBER 20th

Deadline to register – October 19th

For Students Grades Kindergarten through 8th

A one day make and take project. All supplies are included. Each participant will make and take home a project.



Fee: \$10.00 (no refund)

Class- 6:00pm – 7:30pm

Held at:

John T. Gregorio Recreation Center, 330 Helen Street

Pre- Registration is required



For more information, please call 908-474-8627, Monday-Friday, 8:30am – 4:30pm. Register online at www.linden-nj.org and click on community pass or register in person at: John T. Gregorio Recreation Center, 330 Helen Street; Community Center Building, 605 South Wood Avenue of the Linden Multi-Purpose Center, 1025 John Street. In person registration is available 9:00am – 4:00pm, online registration available 24/7. The Dept accepts checks, money orders, visa/mc. **MAKE CHECK OR MONEY ORDER PAYABLE TO THE CITY OF LINDEN.**



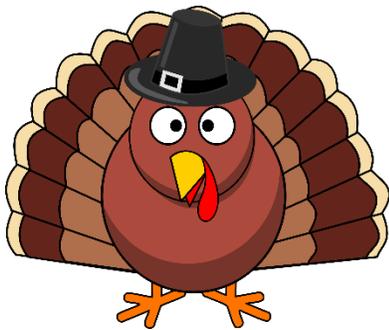
DEPARTMENT OF PUBLIC PROPERTY AND COMMUNITY SERVICES, CITY OF LINDEN, NJ

CHILDREN'S 2016 THANKSGIVING CERAMICS CLASS THURSDAY NOVEMBER 17TH

Deadline to register – November 16th

For Students Grades Kindergarten through 8th

A one day make and take project. All supplies are included. Each participant will make and take home a project.



Fee: \$10.00 (no refund)
Class- 6:00pm – 7:30pm



Held at:

John T. Gregorio Recreation Center, 330 Helen Street

Pre- Registration is required

For more information, please call 908-474-8627, Monday-Friday, 8:30am – 4:30pm. Register online at www.linden-nj.org and click on community pass or register in person at: John T. Gregorio Recreation Center, 330 Helen Street; Community Center Building, 605 South Wood Avenue of the Linden Multi-Purpose Center, 1025 John Street. In person registration is available 9:00am – 4:00pm, online registration available 24/7. The Dept accepts checks, money orders, visa/mc. **MAKE CHECK OR MONEY ORDER PAYABLE TO THE CITY OF LINDEN.**



DEPARTMENT OF PUBLIC PROPERTY AND COMMUNITY SERVICES, CITY OF LINDEN, NJ

ADULT 2016 THANKSGIVING CERAMICS



**THURSDAY
NOVEMBER 17TH**



Deadline to register – November 16th

FOR LINDEN ADULTS 18 YEARS OF AGE AND OLDER

A one day make and take project. All supplies are included. Each participant will make and take home a project.

Fee: \$10.00 (no refund)

Class- 6:00pm – 7:30pm

Held at:

John T. Gregorio Recreation Center, 330 Helen Street

Pre- Registration is required

For more information, please call 908-474-8627, Monday-Friday, 8:30am – 4:30pm. Register online at www.linden-nj.org and click on community pass or register in person at: John T. Gregorio Recreation Center, 330 Helen Street; Community Center Building, 605 South Wood Avenue of the Linden Multi-Purpose Center, 1025 John Street. In person registration is available 9:00am – 4:00pm, online registration available 24/7. The Dept accepts checks, money orders, visa/mc. **MAKE CHECK OR MONEY ORDER PAYABLE TO THE CITY OF LINDEN.**

