

EMS and Children

- Teach young children how and when to call 911 Emergency Medical Services (EMS), but that it isn't a game. Teach children how to perform safety behaviors by having them actually practice them. Children should be rehearsed on appropriate safety behaviors. Talking about the right thing to do isn't enough.
- Make sure children learn their address and phone number as soon as they are able.
- Teach children that EMS professionals are friendly helpers.
- Teach kids that if they find matches or lighters, to tell an adult.
- Teach kids what to do if their clothing catches on fire. (Stop, Drop and Roll)
- Make sure they know planned escape routes and a meeting place outside the home. Practice fire drills.
- Make sure kids know the sound of the smoke alarm and what to do if it goes off.
- Include the entire family in monthly safety drill.
- Test the smoke alarms once a month. Replace the batteries with new fresh ones at least once a year.
- Post your house number where it will be visible from the street.
- Help set up a field trip/presentation by the fire department and/or EMS department.
- Teach your children, when they hear an ambulance siren to go the side of the road and get off their bikes. Teach them not to chase ambulances.
- Keep matches and lighters locked up.
- Keep guns, knives, and other dangerous articles locked up.
- Make sure young children have supervision at all times. Never leave them alone even for short periods of time.

*Information courtesy of United States Fire Academy
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