

Linden Recreation Wrestling

Open to all **Linden** Boys and Girls Ages 6 through 12

ALL PRACTICES WILL BE LOCATED AT **McMANUS MIDDLE SCHOOL**

LOCATED AT 300 EDGEWOOD ROAD, LINDEN

Registration Fee - \$80.00

(A one-time annual \$6.00 Insurance fee will be added to your total registration fee, per child, if this has not already been paid for with another program)

****Fee includes each wrestlers New Singlet and T-Shirt, plus weekly Instruction/Competition throughout the season. All participants must have their own Head-Gear & Wrestling Shoes****

NO EXPERIENCE NEEDED!!! No one is too big or too small to wrestle (Weight Classes)

Ages 6 through 8

Season starts: Tuesday, November 15, 2016

Practice 3 times per week from 6:30pm-7:45pm

~Instruction on basic wrestling techniques & skills to improve one's body awareness and overall confidence~

Ages 9 through 12

Season starts: Monday, November 14, 2016

Practice 4 times per week from 6:30pm-8:00pm

~This age group will compete in both Beginner & Competitive Leagues~

(A) Beginner League: Will compete in a Developmental League against other novice wrestlers, developing their wrestling knowledge, skills and basic techniques

(B) Competitive League: Most experienced and advanced wrestlers will compete in the Central Jersey Youth Wrestling League.

Register online at www.linden-nj.org and click on Community Pass (24/7)

Or register in person at one of the following locations:

Community Center Building - 605 South Wood Avenue (9am-4pm)

John T. Gregorio Center - 330 Helen Street (9am-4pm)

Linden Multi-Purpose Center - 1025 John Street (9am-7pm)

All locations accept checks, money orders, Visa and Mastercard

****Community Center Building is the only center to accept exact cash****

*****NO REFUNDS ONCE SESSION BEGINS*****

PLEASE NOTE: All New "First Time" Participants must bring the following Original documents at time of registration and we will make copies...

- Original Birth Certificate of child

- A Household Bill showing Proof of Residency

- A Driver's License or Photo I.D. for Parent/Guardian signing up their child

